1. Create directory:

C:/CHKD

1. Download [PostgreSQL v14](https://www.enterprisedb.com/downloads/postgres-postgresql-downloads) and use default settings
2. Download the most reason version of pgAdmin4 ([pgAdmin4 v6.21](https://www.postgresql.org/ftp/pgadmin/pgadmin4/v6.21/windows/))
3. Set your master password to “**postgres**”
4. Select PostgreSQL 14 🡪 Create 🡪 Database

Graphical user interface

Description automatically generated

1. Fill in and Save

Graphical user interface, application

Description automatically generated

1. You should now have a blank database called CHKD. Right click and select ‘Restore’

Rectangle

Description automatically generated with low confidence

1. You should have 7 tables now.

Graphical user interface, application

Description automatically generated